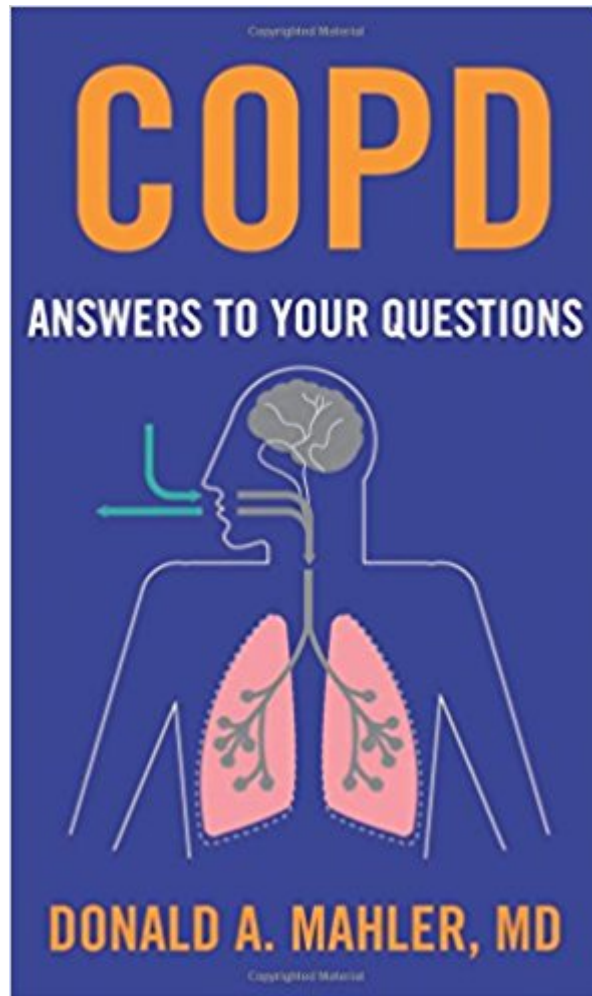




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# COPD: Answers To Your Questions



## Synopsis

This book provides answers to questions that are frequently asked by those who have COPD -- and their families. Each of the nine chapters starts with a brief vignette describing someone with COPD in author Donald A. Mahler's medical practice. Practical information is provided that addresses that person's particular challenge, and "Key" points of the chapter are summarized. Next, there is a follow-up about the person that describes what actually happened. Each chapter has been revised many times after discussion and feedback from two individuals who have COPD as well as colleagues who work at Dartmouth-Hitchcock Medical Center. These different perspectives ensure that the information in the book is practical and easy to read.

## Book Information

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## Customer Reviews

"The straightforward, comprehensive information in this book is invaluable for families and patients living with COPD. Working closely with those significantly impacted by a disease, I've learned the importance of honesty and empowerment--this book provides both." --Ryan Kimberly Colgan, MS, LPC, NCC, Bereavement Counselor, Hospice & Palliative Care of Greensboro, North Carolina "This book is a wonderful resource. Dr. Mahler is a master clinician and a leader in the COPD community. His book belongs on the list of resources of all clinicians caring for COPD patients and on the shelves of patients and caregivers."--Stephen Rennard, MD, Larson Professor of Medicine, Division of Pulmonary, Critical Care, Sleep and Allergy, Nebraska Medical Center, Omaha, Nebraska "I wish all my patients and their caregivers would read this book. It will empower them to better handle their

COPD, and also make my management of their condition more successful. This book can take patient-doctor communication about their condition to the next level, resulting in much better outcomes and treatment results.”--Sanjay Sethi, MD, Professor of Medicine, University of Buffalo, State University of New York, Department of Veterans Affairs, Western New York Healthcare System, Buffalo, New York --Reviews”This practical, authoritative book, written in simple ‘question and answer’ format and based on real-life scenarios, provides valuable, evidence-based information about how best to meet the challenges of living with COPD. Readers of this book, armed with such reliable state-of-the-art information, are sure to become more confident about effectively managing their breathing difficulties. This important book, by a preeminent physician in the field, is a ‘must read’ for those who have COPD and their families.” --Denis E. O’Donnell, MD, Professor of Medicine and Physiology, Director of the COPD Center, Queens University at Kingston, Ontario, Canada. ”In this clearly written and easy to understand book, Dr Mahler provides the answers to questions doctors often hear from COPD patients and their families. The answers are very practical and will be helpful for many patients suffering from the disease.”--Nicholas S. Hill, M.D., Chief, Division of Pulmonary, Critical Care and Sleep Medicine, Tufts Medical Center, Professor of Medicine, Tufts University School of Medicine ”This book is an excellent and unique guide for patients and their families to better understand COPD. It provides essential information with original vignettes and practical instructions. Both patients and physicians will get helpful suggestions from its well-organized content.” --Toru Oga, MD, Department of Respiratory Care and Sleep Control Medicine, Graduate School of Medicine, Kyoto University, Kyoto, Japan ”All too often, medical care for COPD focuses on risk avoidance and medications, leaving too little time for answering the important questions the patients or their family members might have. This short book, written by an internationally-recognized authority on COPD, answers many of these questions. The insights provided, which reflect years of experience by an excellent clinician, should prove very useful for those affected directly or indirectly by this common disease.”--Richard L. ZuWallack, MD, Clinical Professor of Medicine, University of Connecticut Health Center, Pulmonary Medicine, St. Francis Hospital and Medical Center, Hartford, Connecticut --Reviews

Donald A. Mahler, MD, is Emeritus Professor of Medicine at the Geisel School of Medicine at Dartmouth in Hanover, NH. Presently, he works as a pulmonary physician and is Director of Respiratory Services at Valley Regional Hospital in Claremont, NH. In collaboration with the late Alvin Feinstein, MD, Dr. Mahler developed the baseline and transition dyspnea indexes. These questionnaires have been used in pharmaceutical trials to assess the effects of various medications

approved for treatment of COPD -- Spiriva<sup>®</sup>, Advair<sup>®</sup>, Turdoza<sup>®</sup>, Daliresp<sup>®</sup>, Arcapta<sup>®</sup>, Ultibro<sup>®</sup>, Anoro<sup>®</sup>, and Striverdi<sup>®</sup>. Dr. Mahler has written and/or co-edited four books on Dyspnea (the medical word for breathing difficulty). The most recent book was written/edited in collaboration with Dr. Denis O'Donnell of Queen's University in Kingston, Ontario, Canada, and was published by CRC Press in January 2014.

Dr Mahler's book is the most informative book I have read on this topic and has delivered to people with COPD an invaluable tool that can be referenced to when questions arise. It provides the knowledge to know important questions to ask their doctor in relation to their own medical needs. I believe it is a 'must read' for people with COPD and also for the people who share their lives with them. I give it Five Stars.

Finally, a book on COPD that is written in everyday english. If a medical term is used it explains it in language that makes it easy to understand. This book has answered every question I have needed answered on COPD and makes you feel as though you are speaking directly to the author. It has helped me to understand COPD better and has made it much easier to cope with it. I highly recommend this book. Well written and easy to understand. This is my second purchase of this book as I purchased another as a gift to a friend who also has COPD.

This is easy reading for anyone who needs more information on COPD. Written by a well known lung specialist, it follows some of his patients in the course of their treatments. Grab a copy of this book. It's perfect for the caregiver or patient to understand what this disease is and the best way to manage it. A must read. Dr Mahler did a outstanding job with this book.

As a clinician who works closely with COPD patients, I find COPD: Answers to Your Questions a very easy to read book which I recommend all my patients, their friends and family members and other clinicians who work with COPD patients read.

It has helped me understand this ailment.

This is the physician's information you wanted from your own doctor.

This book answered all my questions. I would recommend it for everyone

This is an excellent book by this dedicated specialist, written in Everyman Speak, it will be helpful and reassuring to all of us suffering from COPD. It should in my opinion be freely available to all COPD patients, worldwide.

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